

# Oil Painting Basics with Jessie Rasche

## Supply List – traditional oils

You can find supplies at your local art store, or an online art store like Utrecht Art, Blick, Jerry's Artorama, or Cheap Joe's Art Supply. If you have any questions while you're looking for supplies, feel free to email me at [art@jessierasche.com](mailto:art@jessierasche.com)

***Substitutions encouraged. Questions welcome. The links are just here as examples of that type of material – you don't need the exact item I link to.***

- **Easel** or way to keep your painting upright and steady while you paint.
- **Palette.** Which palette you want will depend on your easel. I like an 11x14" tempered glass palette with beveled edges that sits on my table. Some artists prefer a wood palette or hand-held palette. You can purchase either a glass or wood palette, or do a DIY palette – DIYers, be safe!
- **A way to clean your palette.** For glass palettes, get an ergonomic glass scraper [like this](#) at your local hardware store. For wood pallets, a palette knife will work.
- **Canvas** or panels. You'll need between 2-5 for the workshop. I think everyone should start painting with a lot of practice on flat canvas panels that are pre-primed with white acrylic gesso, and somewhere around 5x7 to 8x10 inches. Here's one example. <https://www.utrechtart.com/pro...> You'll want panels that you can experiment without feeling precious about each panel. Inexpensive panels may warp, but for practicing, they're very handy.

At the first workshop I'll show you several options for painting surfaces for future work so you will know what to look for in the future.

- **Brushes.** It's good to have an assortment of brushes. Here are my favorites:
  - **Filbert, Bristle, Long Handle, Size 4,** (I also love sizes 2 & 6) Here are a couple examples: <https://www.utrechtart.com/p..> - or <https://www.utrechtart.com/ite...>, or [https://www.jerrysartarama.com/..](https://www.jerrysartarama.com/)
  - **Flat, Golden Taklon, 1/2"** (I also use the 1" a lot) <https://www.utrechtart.com/ite...>
  - **A small round** <https://www.utrechtart.com/ite...>
  - **A small palette knife** <https://www.amazon.com/gp/prod...>
- **Murphy's Oil Soap** or a brush cleaner for oil painters. (I recommend murphy's, which you can find at the grocery store.)

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## Supply List – water mixable oils (page 2)

- **Artist grade oil paint.**

For traditional oils, I like [Utrecht brand](#). Any artist-grade paint will be good.

***If you paint in another medium, you may want to get the colors you're familiar with, instead of the list below.***

**Here are the main colors I use:**

- Titanium white
- Cadmium Yellow Medium, Hue (I don't want cadmium in my studio)
- Yellow Ochre (optional)
- Cadmium Red Hue
- Rose Madder Hue (if you get a paint set and it comes with another magenta like alizarin crimson, that will work fine.)
- Cerulean Blue (hue is fine)
- Ultramarine Blue

These convenience colors are also nice to have, especially if you're not passionate about painting with a limited palette:

- Cadmium Orange Hue (or another vibrant orange)
- Manganese Violet (or another strong violet)
- Viridian (or another strong green)
- Medium Grey
- Black

- **Odorless Mineral Spirits** plus a solvent container with an airtight lid.

- **Medium**

- Gamblin Solvent-Free Gel and
- Chroma Archival Lean Medium. (**optional**, and smells very strong!) <https://www.amazon.com/Chroma-...>

- **Lint-free rags or paper towels.** If you have some old t-shirts that are ready for the trash, they can be cut up and used. Otherwise, paper towels that aren't too plush or blue shop towels from the auto or hardware store will work.

- **A garbage bag / bin for your used rags.**